BIBLE STUDY WORKSHEET

Finding Your Identity in Christ

You are not defined by your past, your pain, or other people's opinions.

Prepared by Vanessa

"Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new."
2 Corinthians 5:17 (KJV)

OPENING PRAYER

Father, quiet every voice that has named me by my wounds, mistakes, or limitations. Help me receive the identity You give me in Christ. Renew my mind, restore my confidence, and teach me to live as Your beloved daughter. Amen.

Name _____ Date _____

PURPOSE OF THIS STUDY

This study helps women separate identity from performance, rejection, trauma, and labels. We will practice receiving what God says about us and living from belonging rather than striving for it.

What I hope God will show me through this study:

Scripture Foundation

1. 2 Corinthians 5:17

Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.

Observation:

2. Ephesians 1:3-6

Read this passage slowly. What does it reveal about God, about us, and about a faithful response?

Observation:

3. Romans 12:2

Read this passage slowly. What does it reveal about God, about us, and about a faithful response?

Observation:

4. 1 Corinthians 12:4-7

Read this passage slowly. What does it reveal about God, about us, and about a faithful response?

Observation:

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Teaching and Truth

1. Known and chosen

God's love is not a prize for the most polished woman. In Christ, we are welcomed, known, and chosen before we prove anything. Belonging is the starting place for growth, not the reward at the end.

Read and reflect: Ephesians 1:3-6

2. A renewed mind

Old labels can become familiar thought patterns. Renewal means noticing the lie, naming it honestly, and replacing it with truth until our choices begin to agree with God's Word.

Read and reflect: Romans 12:2

3. Purpose without comparison

Identity in Christ frees us from copying another woman's calling. We can celebrate her gifts while faithfully developing what God entrusted to us.

Read and reflect: 1 Corinthians 12:4-7

TRUTH TO REMEMBER

I belong to Christ. My past is part of my story, but it is not my identity. I am loved, being renewed, and called to walk in purpose.

Which teaching point speaks most directly to your current season?

Personal Reflection

1. Which label from your past still tries to define you?

2. When do you feel pressure to prove your worth?

3. What does God say about you that is difficult to receive?

4. How would your decisions change if you truly believed you were loved and chosen?

5. Where has comparison distracted you from your own calling?

Faith in Action

Choose at least one practice for the coming week.

[ ] Write one false label and cross it out.

[ ] Choose one identity statement from Scripture to read daily for seven days.

[ ] Thank God for one gift He placed in you.

[ ] Encourage another woman without comparing your journey to hers.

My specific next step:

GROUP DISCUSSION

1. What is the difference between humility and thinking poorly of yourself?

2. How can trusted Christian community help rebuild identity?

3. What habits keep us rooted in truth when emotions disagree?

Prayer, Commitment, and Notes

CLOSING PRAYER

Jesus, thank You that my identity is secure in You. Help me release every label You never gave me. Let my words, boundaries, relationships, and service flow from the confidence that I am Yours. Amen.

SPEAK THIS TRUTH

I belong to Christ. My past is part of my story, but it is not my identity. I am loved, being renewed, and called to walk in purpose.

My prayer and commitment:

Group notes and prayer requests: