BIBLE STUDY WORKSHEET

Godly Friendships and Sisterhood

Healthy sisterhood makes room for truth, joy, accountability, and repair.

Prepared by Vanessa

"Iron sharpeneth iron; so a man sharpeneth the countenance of his friend."
Proverbs 27:17 (KJV)

OPENING PRAYER

Father, teach us to be the kind of friends we hope to find. Remove jealousy, gossip, competition, and fear of honest conversation. Give us loyalty with wisdom, truth with gentleness, and love that protects dignity. Amen.

Name _____ Date _____

PURPOSE OF THIS STUDY

This study helps women build friendships marked by mutual respect, confidentiality, encouragement, honest correction, healthy boundaries, and the ability to repair conflict.

What I hope God will show me through this study:

Scripture Foundation

1. Proverbs 27:17

Iron sharpeneth iron; so a man sharpeneth the countenance of his friend.

Observation:

2. Romans 12:10

Read this passage slowly. What does it reveal about God, about us, and about a faithful response?

Observation:

3. Galatians 6:1-2

Read this passage slowly. What does it reveal about God, about us, and about a faithful response?

Observation:

4. Colossians 3:12-14

Read this passage slowly. What does it reveal about God, about us, and about a faithful response?

Observation:

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Teaching and Truth

1. Connection without competition

Sisterhood becomes safer when another woman's success is not treated as our loss. Love celebrates, encourages, and refuses to turn differences into rankings.

Read and reflect: Romans 12:10

2. Truth without humiliation

A godly friend does not flatter us into harm or expose us for entertainment. She speaks privately, gently, and honestly with restoration as the goal.

Read and reflect: Galatians 6:1-2

3. Repair after conflict

Healthy relationships are not conflict-free. They practice listening, accountability, apology, forgiveness, changed behavior, and wise boundaries when trust has been damaged.

Read and reflect: Colossians 3:12-14

TRUTH TO REMEMBER

I can celebrate other women, tell the truth with love, keep wise boundaries, and participate in relationships where dignity and growth are protected.

Which teaching point speaks most directly to your current season?

Personal Reflection

1. What qualities help you feel safe in friendship?

2. How do you respond when a friend succeeds in an area where you are waiting?

3. Do you avoid conflict, become controlling, or communicate directly?

4. Where is an apology or boundary needed?

5. Are you protecting what others share in confidence?

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Faith in Action

Choose at least one practice for the coming week.

[ ] Send sincere encouragement to one woman this week.

[ ] Refuse to participate in gossip, even when it is disguised as concern.

[ ] Practice one honest conversation using 'I feel, I need, I will.'

[ ] Notice whether words and behavior are consistent over time before rebuilding trust.

My specific next step:

GROUP DISCUSSION

1. What does accountability look like without control?

2. How can a group protect confidentiality while responding to safety concerns?

3. What helps friendship survive differences and disappointment?

Prayer, Commitment, and Notes

CLOSING PRAYER

Jesus, make our sisterhood a place of truth, safety, laughter, prayer, and growth. Help us repair what can be repaired and release what must be released without bitterness. Amen.

SPEAK THIS TRUTH

I can celebrate other women, tell the truth with love, keep wise boundaries, and participate in relationships where dignity and growth are protected.

My prayer and commitment:

Group notes and prayer requests: