BIBLE STUDY WORKSHEET

Seeking Understanding Before Judgment

Listen with humility, ask better questions, and hold truth with compassion.

PREPARED BY VANESSA

"To answer before listening - that is folly and shame."

Proverbs 18:13

OPENING PRAYER

God, free me from quick assumptions. Help me listen carefully, ask honest questions, and remember that every person carries a story I may not see. Give me both compassion and discernment. Amen.

Name _____ Date _____

Bible Study Group _____ Leader _____

PURPOSE OF THIS STUDY

This study helps women listen beyond assumptions, understand different experiences, and practice compassion without abandoning truth or discernment.

☐ Reflect ☐ Pray ☐ Discuss ☐ Practice

PART 1

Assumptions Are Not the Whole Story

We often interpret behavior through our own history, fears, culture, and expectations. Our first explanation may be incomplete.

> The first to present his case seems right, till another comes forward.
>
> **Proverbs 18:17**

TRUTH TO CARRY

Humility leaves room for information we do not yet have.

REFLECT AND DISCUSS

What assumption are you making?

What facts do you actually know?

What other explanation could be possible?

Grace makes room for truth, wisdom, and growth.

PART 2

Listen to Learn

Listening is more than waiting to speak. It notices words, tone, context, and what may be difficult for someone to say.

> Everyone should be quick to listen.
>
> **James 1:19**

TRUTH TO CARRY

Understanding grows when curiosity becomes stronger than the need to win.

REFLECT AND DISCUSS

What have you not yet asked?

Can you repeat their concern accurately?

What helps you stay present without interrupting?

Grace makes room for truth, wisdom, and growth.

PART 3

Compassion and Truth Can Coexist

Understanding why something happened does not always make it acceptable. Compassion can sit beside responsibility and repair.

> Speak the truth in love.
>
> **Ephesians 4:15**

TRUTH TO CARRY

Empathy explains context; it does not erase consequences.

REFLECT AND DISCUSS

What pain deserves compassion?

What truth still needs to be spoken?

What repair or accountability is appropriate?

Grace makes room for truth, wisdom, and growth.

PART 4

Stay Teachable

We can apologize for misunderstanding, change our view when facts change, and learn from people whose experiences differ from ours.

> The way of fools seems right to them, but the wise listen to advice.
>
> **Proverbs 12:15**

TRUTH TO CARRY

Changing your mind after learning more is a sign of growth.

REFLECT AND DISCUSS

Where might you need correction?

Whose perspective have you dismissed?

What would a humble response sound like?

Grace makes room for truth, wisdom, and growth.

PRACTICE

My Faith-in-Action Plan

Turn today's reflection into one honest, supported, and realistic next step.

A situation I may be judging too quickly:

The facts I know versus what I assume:

One respectful question I can ask:

The truth and compassion both needed:

A perspective I am willing to learn from:

THIS WEEK I WILL

- [ ] Pause the assumption
- [ ] Reflect back what you heard
- [ ] Own misunderstanding
- [ ] Ask before concluding
- [ ] Speak truth gently
- [ ] Stay teachable

MY ANCHOR PRAYER

God, give me ears to understand, courage for truth, and a heart shaped by compassion.

CLOSING TOGETHER

Carry Grace Into the Week

CLOSING PRAYER

Lord, make us women who listen well, judge carefully, speak truth lovingly, and remain humble enough to learn. Amen.

A WORD OF ENCOURAGEMENT

You can seek understanding without surrendering wisdom, values, or healthy boundaries.

CLOSING CIRCLE

One conversation where I want to listen differently:

DECLARATION

I will slow down my assumptions, listen with humility, and hold compassion and truth together.

Her Story. His Grace. Our Purpose.