BIBLE STUDY WORKSHEET

Spiritual Warfare and Discernment

Stand in truth, test what you hear, and refuse fear-driven confusion.

Prepared by Vanessa

"Put on the whole armour of God, that ye may be able to stand against the wiles of the devil."
Ephesians 6:11 (KJV)

OPENING PRAYER

Lord Jesus, anchor me in truth. Protect my mind from deception, fear, accusation, and confusion. Give me humility to test what I hear, courage to obey what is right, and peace that reflects Your character. Amen.

Name _____ Date _____

PURPOSE OF THIS STUDY

This study explores spiritual warfare through truth, righteousness, peace, faith, salvation, Scripture, and prayer. It emphasizes biblical discernment rather than fear, obsession, or suspicion.

What I hope God will show me through this study:

Scripture Foundation

1. Ephesians 6:11

Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.

Observation:

2. Ephesians 6:13-18

Read this passage slowly. What does it reveal about God, about us, and about a faithful response?

Observation:

3. 1 John 4:1

Read this passage slowly. What does it reveal about God, about us, and about a faithful response?

Observation:

4. Romans 8:1

Read this passage slowly. What does it reveal about God, about us, and about a faithful response?

Observation:

Teaching and Truth

1. Stand before you strive

The armor of God begins with what Christ has provided. Spiritual maturity is not panic or constant suspicion; it is a steady life formed by truth, righteousness, peace, faith, salvation, Scripture, and prayer.

Read and reflect: Ephesians 6:13-18

2. Test every message

Not every strong feeling, impressive claim, or spiritual-sounding statement is trustworthy. Discernment compares teaching with Scripture, looks at fruit, welcomes wise counsel, and remains teachable.

Read and reflect: 1 John 4:1

3. Recognize accusation

Conviction is specific and leads toward repentance and restoration. Condemnation is crushing, vague, hopeless, and identity-attacking. In Christ, correction and grace belong together.

Read and reflect: Romans 8:1

TRUTH TO REMEMBER

I will stand in Christ, test what I hear, remain teachable, and reject fear-driven confusion. God's truth equips me to walk in wisdom and peace.

Which teaching point speaks most directly to your current season?

Personal Reflection

1. Where are you most vulnerable to confusion or accusation?

2. Does the message you are hearing agree with Scripture and the character of Christ?

3. What fruit is this belief producing in your life?

4. Have you invited mature, trustworthy counsel?

5. What piece of God's armor do you need to practice intentionally?

Faith in Action

Choose at least one practice for the coming week.

[ ] Read Ephesians 6:10-18 slowly and circle every action word.

[ ] Write one accusation and answer it with a specific Scripture truth.

[ ] Pause before sharing alarming spiritual claims.

[ ] Ask a mature believer to help you test an important decision.

My specific next step:

GROUP DISCUSSION

1. How does discernment differ from judgmental suspicion?

2. What fruit should trustworthy spiritual leadership produce?

3. Why are truth and peace both important in spiritual warfare?

Prayer, Commitment, and Notes

CLOSING PRAYER

God, clothe us with Your armor. Make our group courageous without becoming fearful, discerning without becoming suspicious, and truthful without losing love. Lead us in the way of Christ. Amen.

SPEAK THIS TRUTH

I will stand in Christ, test what I hear, remain teachable, and reject fear-driven confusion. God's truth equips me to walk in wisdom and peace.

My prayer and commitment:

Group notes and prayer requests: